

# RED LIGHT THERAPY LAMP

## BEFORE USE



1. Clean



2. Wipe & Dry

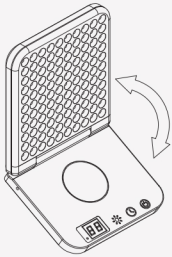
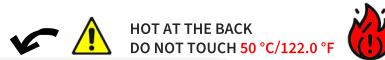


3. Use cream to keep your skin hydrated

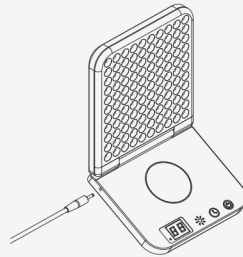


4. Put goggles on and Enjoy the therapy

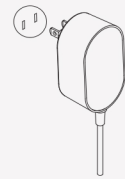
## HOW TO USE



1. Place the Red Light Therapy Lamp on a table and open it up



2. Connect the DC end of the cable tightly to the Lamp

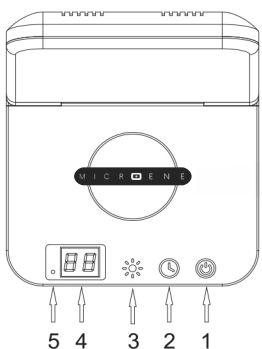


3. Plug the Power Adapter into an electrical wall outlet (100-240V ~ 50/60Hz)

### Note:

1. Ensure the cable is firmly connected to the panel to maintain a stable power supply.
2. We recommend using this device at a frequency of 3-5 times per week for 15-20 minutes per session for the best result.
3. The effectiveness of red light therapy devices relies on the power and specific wavelengths of the product, not the temperature or brightness. The device will generate heat during use, and the infrared light will reach the deep tissues of your skin for therapeutic purposes. Please note that this is not designed to function as a heating pad. It does not indicate a malfunction if the device does not feel sufficiently warm.
4. DO NOT TOUCH the back of the lighting panel, high temperature can reach 50 °C/122.0 °F

## Key Features



1. Power Button: Touch to Turn On/Off the Red Light Therapy Lamp
2. Countdown Timer: 00 (Stay On), 15 (15min), 20 (20min)
3. Wavelength Options:

- 01 : 660nm\*1 + 850nm\*2 Combination for best result
- 02 : 850nm\*2 Invisible Infrared Light
- 03 : 660nm\*1 Visible Red Light

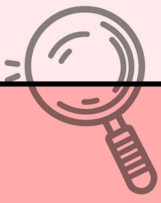
4. Digital Display: Shows the countdown timer
5. Indicator Light: This light turns red to indicate that the invisible 850nm infrared light is active

# RED LIGHT THERAPY LAMP

## WARNING

- 1. Avoid staring directly at the light.
- 2. This device is not recommended for children under 13 years old and pregnant women.
- 3. Do not use this device on individuals who are sleeping, unconscious, or intoxicated.
- 4. Exercise caution if you have skin that is sensitive to sunlight or red light.
- 5. Keep the device and its accessories away from water, heat, and fire. Do not clean the device by immersing it in water or other liquids.
- 6. Avoid touching the device or plugging it in with wet hands.
- 7. Do not operate the device if the power cord, plug, or device itself is damaged.
- 8. Unplug the device after use and do not leave it unattended while plugged in, as it may pose an electrical hazard.
- 9. Do not use this device on open wounds or areas that are bleeding, as the increased heat and accelerated blood circulation may worsen these conditions.
- 10. Limit usage to 15-20 minutes per session.
- 11. Do not attempt to disassemble or modify the device. Any modifications or attempted repairs will void the warranty.
- 12. Remove any metal jewelry and accessories from the treatment area, including rings and bracelets. Avoid using the device over clothing with metal snaps, zippers, or buttons.

## Infrared Wavelength Benefits: 660nm & 850nm

Wavelengths	Benefits	Details
 660nm	Improves Skin Health	Stimulates collagen production, enhancing skin structure, strength, and elasticity. This reduces wrinkles and fine lines, improving skin texture
	Promotes Cellular Health	Increases cellular energy (ATP), boosting cellular function and regeneration
	Accelerates Wound Healing	Enhances blood circulation and cellular oxygenation, speeding up the healing of wounds and scars
	Reduces Inflammation	Decreases inflammation in cells, alleviating conditions such as acne, psoriasis, and eczema
850nm	Improves Sleep Quality	Affects melatonin production, regulating sleep cycles and enhancing sleep quality
	Promotes Deep Tissue Healing	Penetrates deeper into tissues, promoting the healing of deep wounds and reducing chronic pain
	Relieves Muscle and Joint Pain	Reduces pain and inflammation, relaxing muscles and helping with conditions like tendonitis, rheumatoid arthritis, and osteoarthritis of the knee
	Enhances Blood Circulation	Improves blood flow and tissue oxygenation, aiding in faster recovery from injuries and reducing inflammation

## DISCLAIMER

**WARNING:** To minimize the risk of skin burns, fire, electric shock, injury, or device damage, please read these important precautions and information before using the red light therapy lamp:

- 1. The health benefits mentioned in this manual, other product literature, and the website have not been certified or endorsed by any regulatory authority or medical institute.
- 2. Using this device is entirely at the user's discretion. Carefully read all instructions and safety information before use. We are not responsible for any personal injury or property damage resulting from the use of this product.
- 3. The owner is responsible for ensuring all users of the red light therapy lamp are fully informed of all warnings and precautions. Use this red light therapy lamp only as directed in this manual.
- 4. Inspect the device for damage before each use. Do not use it if the device is damaged, malfunctioning, or has been exposed to water.
- 5. This device is not intended for use by individuals with reduced mental, sensory, or physical capabilities unless closely supervised by a responsible adult.