

2 Colors Temperature White & Gold Light Therapy Lamp

White Light Therapy

Boost Mood & Ease Depression	Regulate melatonin and serotonin levels in your body. This is especially beneficial for those who experience Seasonal Affective Disorder (SAD), helping to reduce the winter blues.
Regulate Your Sleep-Wake Cycle	Reset your circadian rhythm, making you feel more alert and energized during the day and helping you fall asleep more easily at night. It's also great for overcoming jet lag after long flights.
Increase Focus & Productivity	Enhances alertness and improves performance, making it perfect for work environments where you need to stay focused for long periods.



Gold Light Therapy

Promote Skin Healing & Anti-Aging	Gold Light penetrates the surface of your skin, stimulating collagen production, which helps reduce fine lines and wrinkles, leaving your skin looking firmer and smoother.
Calm Inflammation	Gold light has anti-inflammatory properties, which can help soothe redness and irritation, especially for sensitive skin. It's also effective in speeding up the healing of minor wounds.
Relieve Stress & Tension	The gentle, warm glow of gold light creates a relaxing atmosphere, helping to reduce everyday stress and anxiety, and improving your overall mood.

Recommended Usage



Morning
White Light Therapy

Jump-start your day with increased energy and a positive mood

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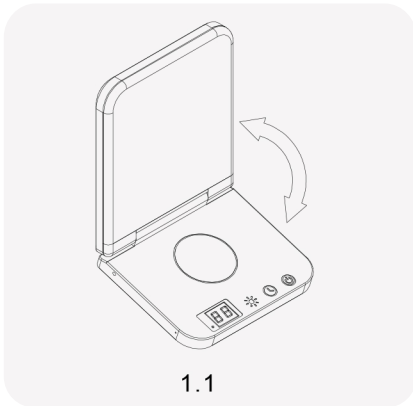


Night
Gold Light Therapy

Helps relax your body and mind, making it easier to drift off to sleep

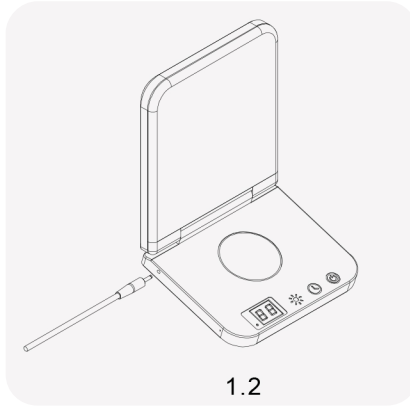
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HOW TO USE



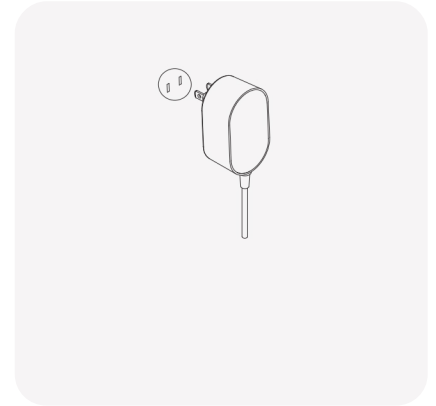
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1. Place the Light Therapy Lamp on a table and open it up



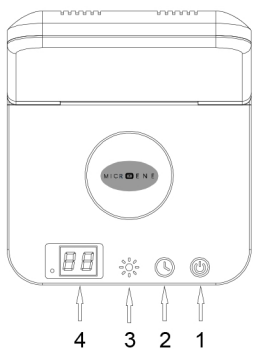
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2. Connect the DC end of the cable tightly to the Lamp



3. Plug the Power Adapter into an electrical wall outlet (100-240V ~ 50/60Hz)

Key Features



- 1. Power Button: Touch to Turn On/Off the Light Therapy Lamp
- 2. Countdown Timer: 00 (Stay On), 15 (15min), 30 (30min), 60 (60min), 90 (min)
- 3. Temperature & Brightness Options:

- 01 : 30% of Gold Light
- 02 : 100% of Gold Light
- 03 : 5% of White Light
- 04: 50% of White Light
- 05: 100% of White Light

- 4. Digital Display: Shows the countdown timer & Light Options